

A DAY OF WELLNESS

Wellshire 5th Annual
Fight B.A.C. Walk to
Wellness and Health
Awareness Event

Swedesboro-Woolwich
Parks and Rec Health,
Wellness & Safety Fair

Families, Seniors, THE ENTIRE COMMUNITY...

Wellshire and Swedesboro/Woolwich Parks and Recreation invite you to take part in a day of activities and interactive education. Kick off the day with a family-friendly walk or run to benefit the Greater Philadelphia Cancer Foundation/ Barbara A. Colameco Transportation Fund. Learn ways to stay healthy and safe with hands-on educational games, demonstrations & screenings. RAIN OR SHINE!

Visit our sites for registration and additional information...

bacwalktowellness.com
healthandsafety.webs.com



Barbara A. Colameco Walk to Wellness
Swedesboro-Woolwich Parks and Recreation

5.5 MILE RUN

WHERE:

KINGSWAY SCHOOL
203 KINGS HIGHWAY
WOOLWICH TWP

WHEN:

SAT OCT 5TH, 9 AM
COST: By Donation

3 MILE WALK

WHERE:

WALTER HILL SCHOOL
1815 KINGS HIGHWAY
SWEDESBORO

WHEN:

SAT OCT 5TH, 9:30 AM
COST: By Donation

Health, Wellness & Safety Fair

WHERE:

Charles Harker School
1771 Oldmans Creek Road
Swedesboro

WHEN:

Sat Oct 5th, 11 am-3 pm
Cost: FREE to community

