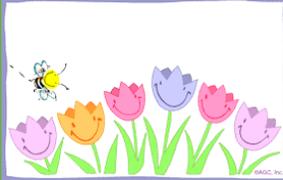


Spring 2017



Senior Happenings

Gloucester County Division of Senior Services, 115 Budd Boulevard, West Deptford, NJ 08096



Department of Health and
Human Services

Division of Senior Services
Aging & Disability
Resource Connection

115 Budd Boulevard
West Deptford, NJ 08096

(856) 384-6900
1-877-222-3737

Freeholder Director
Robert M. Damming
Freeholder Liaison
Jim Jefferson



Each year the Gloucester County Board of Chosen Freeholders joins in the national tradition of proclaiming May as Older Americans Month.

The U.S. Department of Health and Human Services designates a theme for Older Americans Month every year; the theme for 2017 is Age Out Loud. The theme, Age Out Loud, is intended to give aging a new voice—one that reflects what today's older adults have to say about aging.



More than ever before, older Americans are working longer, trying new things, and engaging in their communities. They're taking charge, striving for wellness, focusing on independence, and advocating for themselves and others. They expect to continue to live their lives to the fullest, and they're insisting on changes that make that possible. What it means to age has changed, and OAM 2017 is a perfect opportunity to recognize and celebrate what getting older looks like today.

The Gloucester County Freeholders provide services and support systems within the community to help maintain the dignity, independence, and self-determination of older residents as they age. Programs and activities are offered to assist seniors to remain active and engaged in community life. In recognition of "Older Americans Month" a number of events are scheduled in May. Highlighted during the month are the following activities:

- **Senior Services Public Hearing – May 10th**
- **Senior Health and Fitness Day – May 16th**
- **Golden Follies Entertainment Show – May 23rd**

Contact the Division of Senior Services at (856) 384-6900 for more information about these upcoming activities.

Division of Senior Services Public Hearing

The Division of Senior Services will conduct their annual Public Hearing on the development of the Area Plan Contract on **May 10, 2017** at 9:30am at the Deptford Senior Center on Tanyard Road in Sewell. This contract provides funding for services designed to assist senior citizens.

This Public Hearing is an opportunity for the public to discuss the needs and issues of senior citizens and to provide input on the many programs provided by the Division of Senior Services. Written or oral comments will be accepted.

For additional information, please call the Division of Senior Services at (856) 686-8342.



Registration is required for the Annual Senior Health & Fitness Day on May 16th. Call (856) 384-6900.

Senior Health & Fitness Day

The Gloucester County Board of Chosen Freeholders will sponsor Senior Health and Fitness Day on **May 16, 2017** with a free breakfast at 9:00am at Auletto Caterers in Deptford followed by a Health Fair.

Screenings include: diabetes, cholesterol, blood pressure, foot, bone density, chiropractic care, eye, glaucoma, stroke, and balance. Hearing Tests and massage therapy will be provided. Information from community and county agencies will also be available.

Registration is required for this event: please contact the Division of Senior Services at (856) 384-6900.

Golden Follies Entertainment Show

The Gloucester County Board of Chosen Freeholders will host the Golden Follies Entertainment Show on **May 23, 2017** at 11:00am at Auletto Caterers in Deptford. A buffet lunch will be served at Noon followed by a Talent Show at 1:00pm. Entertainment for this show is provided by local seniors.

If you or someone you know would like to volunteer to entertain, please contact the Division of Senior Services at (856) 686-8327. Music for this affair will be provided by "Joy Ride." Tickets for this event are \$2 and will be available after March 20th at the Division of Senior Services and the six nutrition sites throughout the County.



Tickets will be available on March 20th at the Division of Senior Services and at the six nutrition sites. Call (856) 384-6900 for more information.

Senior Art Show Call for Entries

Gloucester County seniors age 60 and over are invited to participate in the Annual Juried Art Show in July on the campus of Rowan College at Gloucester County. Any visual artist may submit an entry which was completed within the past three years. There are two classifications for the entries - professional and non-professional. There is no fee to participate in the show. The categories for submission are: acrylics, craft, digital/computer art, drawing & prints, mixed media, oils, pastel, photography, sculpture, and watercolor. First-prize winners in each category will be invited to display their work at the Annual State Senior Art Show later this year. For eligibility information or to register, call 856-468-1742. The program is sponsored by the Senior Corps of Gloucester County and funded by the Gloucester County Division of Senior Services.

Gloucester County's 1st Legacy Project- Call for Entries

The Gloucester County Division of Senior Services is seeking recommendations of seniors to be featured in Gloucester County's first legacy project. The legacy project will be a written publication that celebrates local residents and their life journey. Freeholder Director Robert M. Damming said, "Our senior community represents the history of our county and highlighting their life lessons, values, traditions and experiences is a unique way for them to share their life's memories with friends and families."

Freeholder Jim Jefferson, liaison to the Department of Senior Services said, "Our older residents are the story of our nation. Their lives and experiences have paved the way for so many of us in regards to education, arts, science and more. No matter how big or small, every one of their stories has meaning and the legacy project provides our seniors with a place to describe the people and events that help shape their lives and our society."



The Department of Senior Services' Rowan College at Gloucester County intern is interviewing the county seniors, gathering their stories and creating their profiles for the legacy book.

Seniors interested in participating must be over the age of 60 and a Gloucester County resident. The booklet will be published in October and all participants will be honored at our annual volunteer luncheon on October 18.

If you are a senior yourself and wish to tell your story or if you know of a senior with a story to be told, please call the Division of Senior Services at 856-384-6900.

A Thank You

The Gloucester County Division of Senior Services would like to extend our thanks to the following businesses who generously made donations to our annual Senior Christmas Parties.

ACME-Sewell
ACME-Woodbury

Aldi-Glassboro

Aldi-Woodbury

Better House Cleaning-Mullica Hill

Botto's Restaurant

Canal's Liquor-West Deptford

Ciconte's -West Deptford

Colonial Diner

Edible Arrangements

Elk Lodge

Enchanted Image Hair Salon

Franklinville Inn

Gloucester County Board of

Education

Harrison House

Hollywood Cafe

Joe's Crab Shack

John's Seafood

McDonald's

Olive Garden

PJ Whelihan's-Sewell

Pat's Pizza

Popeyes

Philly Diner

Rastelli's

RiverWinds Restaurant

Seven Star Diner

ShopRite- Mullica Hill

Star Nails

VFW- National Park

Walmart-Woodbury



www.gloucestercountynj.gov

**Gloucester County
Board of Chosen Freeholders**

**Freeholder Director
Robert M. Damminger
(856) 853-3395**

**Deputy Freeholder Director
Giuseppe (Joe) Chila**

**Freeholder Liaison
Jim Jefferson**

**Executive Director
Leona G. Mather
Division of Senior Services**



The County of Gloucester complies with all state and federal rules and regulations and does not discriminate on the basis of age, race, creed, color, national origin, ancestry, marital status, affectional or sexual orientation, gender identity or expression, disability, nationality or sex in admission to, access to, or operations of its programs, services, activities or in its employment practices. In addition, Gloucester County encourages the participation of people with disabilities in its programs and activities and offers special services to all County residents 60 years of age and older. Inquiries regarding compliance may be directed to the EEO office at (856) 384-6903 or through the County's ADA Coordinator at (856) 384-6842/New Jersey Relay Service 711.

Property Tax Reimbursement

The Property Tax Reimbursement or "Senior Freeze" Program is designed to reimburse qualifying senior citizens and disabled persons for property tax increases. The deadline to apply for the property tax reimbursement is **June 1, 2017**. The Homestead Benefit and Property Tax Reimbursement Program are separate programs and separate applications must be filed every year for each program. Check the Division of Taxation's Web site at www.state.nj.us/treasury/taxation/ptr, call 1-800-323-4400 for more information, or contact the Division of Senior Services at (856)384-6900.

Senior Exercise Programs

The Gloucester County Health Department offers Senior Fitness Programs such as Tai Chi, Walking Programs, and Sunrise Yoga. Call (856) 218-4106 for more information.



**FREE HELP with
Medicare Costs**



Income: \$14,472 for a single person, Assets: \$7,390 for a single person \$19,488 for a couple, Assets: \$11,090 for a couple, not including home or car.

You can get the State of New Jersey to pay your Part B premium and save at least \$1,000 each year on healthcare expenses. To see if you are eligible for extra help:

**Call the State Health Insurance Assistance Program (SHIP)
of Gloucester County at 856-468-1742**

Dates to Remember

September 20 – Senior Picnic

October 18 – Volunteer Luncheon (by invitation)

October 25 – Caregiver Appreciation Luncheon (registration required)

December 5, December 6, December 12, & December 13 – Senior Citizen Christmas Parties

The Division of Senior Services is open Monday through Friday from 8:30 AM to 4:00 PM. Services are available to all residents of Gloucester County who are 60 years of age and older, regardless of race, color, or national origin in compliance with Title III of the Older Americans' Act as amended in 2016.